

# T & T Tumble & Tramp



- Tumbling
- Trampoline
- Power Tumbling
- Competitive Trampoline
- Competitive Tumbling

Performance Athletics now offers Tumbling EVERY DAY of the week! Come try recreational Tumbling & Trampoline open to Boys and Girls ages 5 +. This class will help develop strength, coordination and improve floor skills.

For those of you who love competitive sports we now offer competitive

Tumbling and Trampoline. Both Power Tumbling and Trampoline are now Olympic Sports!

Get on board to

“Bounce and Tumble” your way to the TOP. Have fun, make new friends and learn new skills!

Monday: 5:30-6:30 Tumbling

Tuesday: 4:30-5:30 Tumbling

5:30-6:30 Trampoline

Wednesday: 4:30-5:30 Beginning Tumbling

5:30-6:30/7 Intermediate & Adv. Tumbling

Thursday: 4:30-5:30 Tumbling

5:30-6:30 Trampoline

Friday: 4:30-5:30 Tumbling

5:30-7:30 Power Tumbling Team



805-547-1GYM  
(1496)