



Performance Athletics
4484 Broad Street
San Luis Obispo, CA 93401
(805) 547-1GYM (547-1496)

2020 Effective Session #11, October 25th
Please call ahead of time to schedule your class.
Schedule is subject to change with out notification.
****Class is wait listed; please inquire.**

CLASS	LEVEL	AGES	TYPE	TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Rollie Pollie/Mommy Fit	Mobility	Birth-Crawling	CoEd	0.50/.50						
Inchworm	Mobility	Crawl-Walking	CoEd	0.75						
Honey Bee	PreSchool	Parent & Tot	CoEd	0.75					10:00am KH	9:45am VH**
Busy Bee	PreSchool	3-4yrs	CoEd	1.0 hr					4:15pm VH*	11:00am* VH**
Beetle	PS/Rec 1	4-5yrs	CoEd	1.0 hr			4:15pm VH*			11:00am* VH**
Gym-N-Learn	PS	3.5-5yrs	CoEd	2.5 hrs	10:00am MM	9:30am VH		9:30am VH		
Lizard Beg Combo Camp	Rec 1-3	5-7yrs	Boys	1.0 hr	4:00pm MM*	4:00pm MM*	3:00pm ** LB	4:00pm MM*		11:30**
Snake Combo Camp	Rec 2-3	6-11yrs	Boys	1.5						
Ladybug Beg Combo Camp	Rec 1-2	5-7yrs	Girls	1.0 hr	4:00pm MM*	4:00pm MM*	3:00pm** LB	4:00pm MM*		11:30**
Sunflower Combo Camp	Rec 2-3	6-11yrs	Girls	1.5 hrs						
Family Fun Pack	All	1.5-5yrs	CoEd	1.0 hrs	Taking wait list for Monday 11:45am, Friday 11:30am and Saturday 1pm					
Family Fun Pack	All	1.5-12yrs	CoEd	1.0 hrs	Taking wait list for Monday 11:45am, Friday 11:30am and Saturday 1pm					
Activ8	Rec 1-2	8+yrs	CoEd	1.0 hr	4:00pm MM*	4:00pm MM*	3:00pm ** LB	4:00pm MM*		
Bars & Bounce	All	5+yrs	CoEd	1.0 hr						
Swing & Soar (Silks&Tramp)	Beg Skills	4-5yrs	CoEd	1.0 hr						
Aerial Silks Beginner	Beg Skills	7+yrs	CoEd	1.0 hr	4:30pm EO				4:00pm EO	
Aerial Silks Int./Adv	Int/Adv	8+yrs	CoEd	1.5 hrs			4:00pm EO			9:30am EO**
Agility	All	under 13yrs	CoEd	1.0 hr			3:50pm BD**			10:15am BD**
	Int	7+yrs	CoEd	1.5 hr						11:20am BD**
Little Heroes	Beg - Int	3.5-5yrs	CoEd	1.0 hr	Taking wait list for Mondays, Fridays and Saturdays					
Super Heroes	Beg - Int	5-8yrs	CoEd	1.0 hr	Taking wait list for Mondays, Fridays and Saturdays					10:00am LB
Tumble & Tramp TNT Combo Camp	Beg	5+yrs	CoEd	1.0 hr						11:30am* LB
	Beg-Adv	5+yrs	CoEd	1.5 hr						11:30am* LB
Junior X Int Camp	Rec 4+	6+yrs	Girls	2.0 hrs			4:30pm MM		4:00pm MM	
Adult Gym & Silks	All	18+yrs	CoEd	2.0 hrs	Adult Programs are on hold due to the pandemic. Please inquire about Private Lessons					

Competitive Programs Offered

USA Gymnastics Girls & Boys Team

Competitive program schedule available at the front office.



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***Class is combined.**

For more information, call us at (805) 547-1GYM or visit www.PerformanceAthleticsSLO.com