



Chloe W.

My personal gymnastics background: I competed USAG for six years, and have done gymnastics for six and a half years. I started at the age of twelve. My last year competing was 2016 because I moved to SLO for school and work. This last competition season I competed gold and won first place all around in my age division. Previous years I won second place at Worlds on vault and beam, and in 2013 I won first place on vault and bars bronze level at Nationals.

I started junior coaching my freshman year of high school. Then began coaching preschool classes and level 1-4 recreational gymnastics. I choreographed floor and beam routines and co-coached the younger team kids when I was not participating gymnastics myself. I also attended meets as a coach volunteering with my old coach to be in the meet environment. Four years later, this last summer, I worked as a coach at Woodward West in Tehachapi CA, my hometown. I coached there all summer long. I was a counselor so I stayed in the cabin with the kids, eleven straight weeks. At Woodward I coached all different levels and attended many training meetings where different coaches would teach us about something specific in gymnastics. Like how to twist, how to spot double backs, or drills that would help kids on upper level vaults.

My favorite event to coach is all of them because each event requires a different skill set to accomplish something. I like watching the kids change in attitudes and elegance from event to event. I started working at PA in August 2016; I coach team, rec, and preschool. My personal coaching motto is "do not say the word can't!" I feel every athlete "CAN", they just need the right guidance.

I am also majoring in Kinesiology and want to get my teaching credential to become a PE teacher.

Chloe currently holds the following certificates from USA Gymnastics University:

USA Gymnastics Professional Member
U100, Fundamentals of Gymnastics Instruction
USA Gymnastics Instructor
U101, Safety and Risk Management
Chloe also has CPR and First Aid training